

A BITE OF TOOLS Workshops

Professional Development Workshops for PreK & K

Tools of the Mind professional development workshops are designed to:

- **Equip teachers** with a toolbox of strategies and renewed confidence in building children's self-regulation and social skills
- **Build teachers'** knowledge of young children's self-regulation development and learn:
 - How to apply principles of Tools design activity in their own classrooms, embedding the development of self-regulation and social skills
 - Teaching practices to build an inclusive, regulated classroom
 - New approaches to respond to challenging behaviors using a lens of self-regulation development and a new set of strategies
 - Teaching practices to manage 'hot spots' in the day, applying understanding of self-regulation

We offer:

- In-person or virtual interactive workshops for educators to learn new teaching practices and strategies, deepen their understanding of self-regulation, and develop actionable next steps
- Individualized coaching support for teachers as they apply these strategies and teaching practices in their classrooms

About Tools

Tools of the Mind combines high-quality professional development and a comprehensive PreK and K curricula designed to build self-regulation skills. The Tools' approach empowers teachers to meet each child where they are, engage children in playful learning, and builds an inclusive classroom community.



Each workshop will focus on specific teaching practices and strategies to address the challenges teachers have been facing.

To find out more about our upcoming Fall 2023 Educator Workshops, please click [here](#) or email biteoftools@toolsofthemind.org

