

A BITE OF TOOLS Workshops

Professional Development Programs for PreK & K

Tools of the Mind professional development one-day workshops are designed to:

- **Equip teachers** with a toolbox of strategies and renewed confidence in building children's self-regulation and social skills
- **Build teachers'** knowledge of young children's self-regulation development and learn:
 - **Teaching practices** to build an inclusive, regulated classroom
 - **New approaches** to respond to challenging behaviors using a lens of self-regulation development and a new set of strategies
 - **Teaching practices** to manage 'hot spots' in the day, applying understanding of self-regulation
 - **How to apply principles** of Tools' design activity design to their own classrooms, embedding the development of self-regulation and social skills

We offer:

- **One-day in-person or virtual** interactive workshops to learn new teaching practices and strategies, deepen their understanding of self-regulation, and develop actionable next steps
- **Individualized support** for teachers as they apply these strategies and teaching practices in their classrooms

About Tools

Tools of the Mind combines high-quality professional development and a comprehensive PreK and K curricula designed to build self-regulation skills, to enable every child to reach their full potential. The Tools' approach empowers teachers to meet each child where they are, engages children in playful learning, and builds an inclusive classroom.



Each workshop will focus on specific teaching practices and strategies to address the challenges teachers have been facing.

To find out more about our upcoming Fall 2023 Educator Workshops, please email dventer@toolsofthemind.org